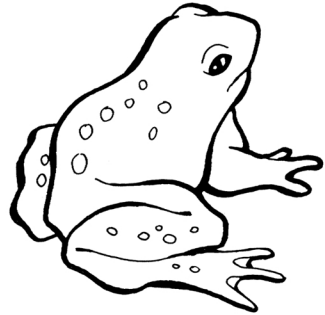


“IF YOU EAT A LIVE FROG FIRST THING
IN THE MORNING, YOU CAN GO THROUGH
THE REST OF YOUR DAY KNOWING
THE WORST IS BEHIND YOU.”



-Mark Twain